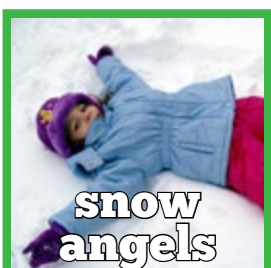
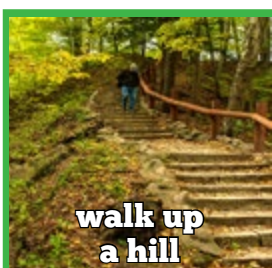
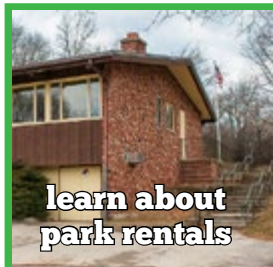
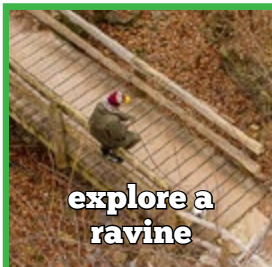
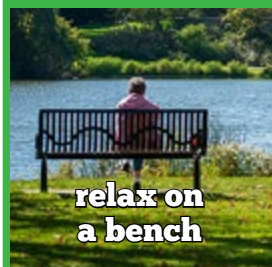


# PARKS

**Pictures**   **Activities**   **Relaxation**   **Knowledge**   **Seasonal fun**



# The Park People PARKticipation Program

## How do I get a PARKticipation card?

To get your **FREE** PARKticipation card, download the card in PDF form from <https://parkpeoplemke.org/get-involved/parkticipate/> or email [director@parkpeoplemke.org](mailto:director@parkpeoplemke.org) to have a card sent to your home (limit 5 cards per household). **PLEASE NOTE:** Adobe Acrobat Reader is needed for downloaded cards. Download the latest version of Reader at <https://get.adobe.com/reader/othersversions/>.

## How does the PARKticipation program work?

Once you receive your PARKticipation card, complete the activities on the front of the card to receive prizes. Each family member or individual may have their own card.

The activities are organized by categories:

**P** represents **Pictures**

**A** represents **Activities**

**R** represents **Relaxation**

**K** represents **Knowledge**

**S** represents **Seasonal fun** and will vary with the seasons

After completing an activity, click or tap the activity's box to place a checkmark over the box. If you printed a card, simply draw an X over the activity's box.

For downloaded cards, remember to save your card with a unique name so it can be easily retrieved and submitted.

You and any family members are on an "honor system" for accomplishing activities.

We honor your word that you have completed each activity crossed out on the PARKticipation card.

## How do I PARKticipate with Milwaukee Recreation?

Three of the squares feature activities held in partnership with Milwaukee Recreation: Walk (under A), Nording walking (under S) and biking (under S). You can complete the walk, Nordic walking and bike activities on your own or with [Milwaukee Recreation](#). For more information about Milwaukee Recreation's opportunities, call (414) 475-8180.

## What prizes can I receive?

All submitted cards will be entered into a grand prize drawing for a pair of Atlas Helium snowshoes and a pair of REI trekking poles, courtesy of [REI](#), located at 13100 W. Capitol Dr., Brookfield.

## How do I claim prizes?

Simply send in your PARKticipation card to

**The Park People**

**10300 W. Wisconsin Avenue**

**Wauwatosa, WI 53226**

You can also click or tap the "Submit Card" button, or scan or take a picture of the card and email it to [director@parkpeoplemke.org](mailto:director@parkpeoplemke.org). Please provide your current home address and the best way to reach you in order to receive prizes.

To qualify for prizes, The Park People must receive card submissions on or before **March 15, 2024**. Decisions on prizes and incentives are determined by The Park People. All decisions will be final.

## Share your PARKticipation photos with us!



[@Park.People](#)



[@parkpeopleofmke](#)

Use #parkticipationmke

### PHOTO CREDITS

**P column** Leaf, bench, bird and dog: Kelly Grant Moore. Snowflake: Damian McCoig, Unsplash.com. **A column** Kelly Grant Moore. **R column** Meditate: Oluremi Adebayo, Pexels.com. Relax on a bench: Kelly Grant Moore. Surfer and yoga: Shutterstock. **K column** Safety, Urban Ecology Center, rentals and park names: Kelly Grant Moore. Learn what parks do: Steve Silverstein. **S column** Skating: Gundula Vogel, Pixabay.com. Snow angels and snow fort: Shutterstock. Snowshoes: wokandapix, Pixabay.com. Frisbee golf: Kelly Grant Moore.