

PARKS

Pictures

Activities

Relaxation

Knowledge

Seasonal fun



leaf



walking



meditate



learn about safety at the parks



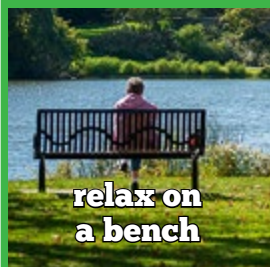
biking



bench



walk by a river or stream



relax on a bench



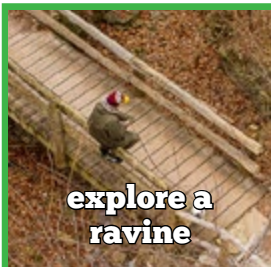
learn about the Urban Ecology Center



flying a kite



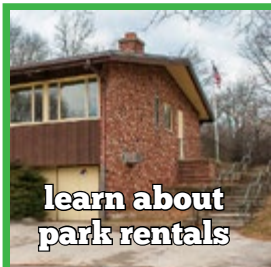
kite



explore a ravine



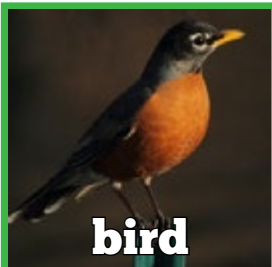
SPACE



learn about park rentals



hiking



bird



find a lighthouse



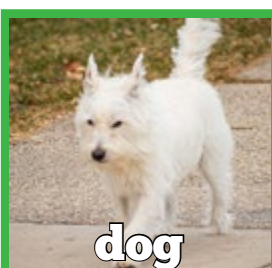
watch surfers



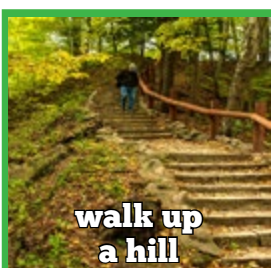
learn what parks do



birding



dog



walk up a hill



yoga



learn about park names



jogging



The Park People PARKticipation Program

How do I get a PARKticipation card?

To get your **FREE** PARKticipation card, download the card in PDF form from <https://parkpeoplemke.org/get-involved/parkticipate/> or email director@parkpeoplemke.org to have a card sent to your home (limit 5 cards per household). **PLEASE NOTE:** Adobe Acrobat Reader is needed for downloaded cards. Download the latest version of Reader at <https://get.adobe.com/reader/othersversions/>.

How does the PARKticipation program work?

Once you receive your PARKticipation card, complete the activities on the front of the card to receive prizes. Each family member or individual may have their own card.

The activities are organized by categories:

P represents **Pictures**

A represents **Activities**

R represents **Relaxation**

K represents **Knowledge**

S represents **Seasonal fun** and will vary with the seasons

After completing an activity, click or tap the activity's box to place a checkmark over the box. If you printed a card, simply draw an X over the activity's box.

For downloaded cards, remember to save your card with a unique name so it can be easily retrieved and submitted.

You and any family members are on an "honor system" for accomplishing activities.

We honor your word that you have completed each activity crossed out on the PARKticipation card.

How do I PARKticipate with Milwaukee Recreation?

Three of the squares feature activities held in partnership with Milwaukee Recreation: Walking (under A), yoga (under R) and biking (under S). Walking will be through a Mil-WALK-ee event, yoga is offered at a Milwaukee Recreation location and biking will be through Milwaukee Recreation's Community Bike Club. You can complete the walking, biking and yoga activities on your own or with Milwaukee Recreation. **These activities are free for anyone to take part but do require registration.**

To register, please visit <https://milwaukee recreation.net/en/Programs/Wellness-Events.htm>.

For more information, contact Milwaukee Recreation at (414) 475-8180.

What prizes can I receive?

All submitted cards will be entered into drawings for **windsocks, garden spinners and other items, including the grand prize of two kites.** All prizes provided by [Gift of Wings](#).

How do I claim prizes?

Simply send in your PARKticipation card to

The Park People

10300 W. Wisconsin Avenue

Wauwatosa, WI 53226

You can also click or tap the "Submit Card" button, or scan or take a picture of the card and email it to director@parkpeoplemke.org. Please provide your current home address and the best way to reach you in order to receive prizes.

To qualify for prizes, The Park People must receive card submissions on or before **June 15, 2024**. Decisions on prizes and incentives are determined by The Park People. All decisions will be final.

Share your PARKticipation photos with us!



[@Park.People](#)



[@parkpeopleofmke](#)

Use #parkticipationmke

Gift of Wings Kite Festival

May 25-26

10 a.m. at Veterans Park